



RBIS is running 3 youth winter clinics to provide players the opportunity to learn from current coaches and former college and professional players on what is necessary to succeed at the next level. Simply put, this is not something that is taught in your typical one on one private lesson. Instructors will make slight adjustments to mechanics and more importantly use each player's current ability and introduce them to the situational play that is necessary to compete at higher levels.

**Hitting Topics:      Grades 4<sup>th</sup>-6<sup>th</sup>      Mondays Feb 2<sup>nd</sup>-March 2<sup>nd</sup>      6:30-7:30pm**

- Bunting basics and situations
- How to prepare for a game/On deck circle mentality
- Introduction to basic cage drills
- Recognizing/Understanding situations at the plate

**Pitching Topics:      Grades 4<sup>th</sup>-6<sup>th</sup>      Thursdays Feb 5<sup>th</sup>-March 5<sup>th</sup>      6:30-7:30pm**

- Mechanics overview
- Proper pitch grips
- Introduction to basic cage drills
- Recognizing/Understanding situations on the mound

**Baseball Basics:      Grades 1<sup>st</sup>-3<sup>rd</sup>      Saturdays Feb 28<sup>th</sup>-March 28<sup>th</sup>      10-11:00am**

- Proper batting stance and hand placement
- Introduction to tee and soft toss
- Rules Overview
- Fielding and throwing basics
- Organized games will be played to enhance skills they learn

**Each clinic will run for a total of 5 sessions.**

Cost of each clinic is \$150 for non-members and \$120 for active members of RBIS.

Discount of 15% will be applied to family members signing up at the same time. You do not need to sign up for the same clinic to receive a discount.

**These clinics will fill up fast due to the limited enrollment.** Each clinic will be a maximum of 10 players to ensure the best possible learning experience. Spots will be held only when full payment and registration form is received and will be given on a first come first served basis.

Visit our website at [www.rbisbaseball.com](http://www.rbisbaseball.com), contact us at [info@rbisbaseball.com](mailto:info@rbisbaseball.com) or call 973-927-RBIS to reserve your spot.